



It's all about
Mii

Sarah Blinco explores the luxuries on offer in the heart of Far North Queensland.

THE NEW TRADITION of treating yourself to a night or two in a fabulous local hotel is worth considering for anyone seeking a luxe break without the hassle of extensive travel time.

In some instances, a short drive or plane ride can get you directly to a resort that caters for all desires, including shopping, dining, spas, cocktails by the pool or just a well-deserved rest. Fortunate to be able to investigate the attributes of such a weekend away, I threw the bare essentials into a bag after work on Friday and checked in to the divine Sebel Cairns.

Is it possible to feel refreshed and revitalised by Monday after a mere two-day reprieve? Stepping into the beautiful lobby, it's obvious the potential for quality R&R was high.

By 6.30pm I was already lazing in the lobby bar, Champagne in hand, unwinding from what had been a rather stressful work day. Chandeliers, plush furnishings and a pianist tapping out jazzy numbers set the mood for a decadent evening in.

We were ushered to our table for dinner, keen to experience what is becoming the talk of Cairns town – Coco's Restaurant's mouth-watering à la carte menu. See for yourself – the menu is available to view online, and you'll understand why www.stylemagazines.com.au

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it was so hard to choose what to try on this particular evening. I finally decided on an entree of king prawn spaghetti with garlic cream sauce, a main of pork cutlet with sweet potato whip and Calvados apple cream sauce, and for dessert, an irresistible chocolate brownie with cookies and cream ice-cream.

Following this feast (and a few cheeky chardonnays) we were well and truly ready to rest. Getting home was an easy elevator ride to our lavish harbour view room, complete with large bed, desk, flat-screen TV, exquisite bathroom facilities plus a balcony overlooking Cairns city and the illuminated inlet.

After a gorgeous sleep-in the next day, we meandered into town for some retail therapy and a walk along the Cairns Esplanade. I'd really been looking forward to a trip to the renowned Mii Spa at The Sebel. At this sublime, candlelit oasis, my nails and face were tended to and I began to truly relax. Mii Spa offers a plethora of facials, scrubs, wraps, manis, pedis and massages for women, men and couples.

All this relaxation made me hungry, and my fiancé had worked up an appetite following his strenuous hours lazing by the sensational resort-style pool. This time we'd made a dinner booking to try the new seafood buffet at Coco's Restaurant. Gourmet delights ranged from hot and cold seafood, soups, chicken, pork and vegetable dishes, with an extensive dessert cart. Everything was delicious. With numerous world-class chefs behind the scenes, this buffet is one of the best dining experiences in Queensland. Top it off with fabulous cocktails and a quality wine selection, and you've got another blissful evening.

Cairns offers loads of activities, including seaplane adventures, the Skyrail to Kuranda, a Great Barrier Reef excursion or white water rafting. However, the aim of this mission was to prove that I could feel rejuvenated by taking an easy but luxurious weekend break in a tourist haven like Cairns. Mission accomplished.

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